



Helping
you...

Find activities this summer in SURREY



Days Out!



Farms

Hobbledown Adventure Farm: Indoor and outdoor play areas and a good selection of animals. Horton Lane, Horton, KT19 8PT www.hobbledown.com. One free carer with proof of disability

Bocketts Farm: Tickets must be pre-booked: <https://www.bockettsfarm.co.uk/> **Address:** Young Street, Fetcham, Leatherhead, Surrey KT22 9BS A working Family Farm with a range of animals, big and small, and fantastic indoor and outdoor play areas. Food & Drink facilities available. Free carers admission with proof of disability.

Elm Farm: Family Run Farm [Children's farm - Elm Nursery](#) Open daily: 10am – 3.30pm – last entry 3pm. No need to pre book. Standard Entry is £5 per person over the age of 2 and under 2's are free.

Address: Elm Nursery, Sutton Green Road, GU4 7QD 01483 755559

Garson's Farm: Pick your own (PYO) Fruit & vegetables - **Address:** Garson's Esher, Winterdown Road, Esher, Surrey, KT10 8LS **Phone:** PYO Information: 01372 464389 To book a PYO slot use this link: <https://www.garsons.co.uk/pyo-farm>

Godstone Farm: Interactive farm for little ones offering animal encounters, indoor & outdoor play areas & a shop **Address:** Tilburstow Hill, Godstone RH9 8LX **Phone:** 01883 742546 <https://www.godstonefarm.co.uk/> This attraction does hold specific SEN sessions on certain dates, a carer is able to go free at any time with a paying child and you must provide DLA letter or hospital letter as proof of disability.

Millers Ark - [Miller's Ark Animals \(millersark.co.uk\)](http://millersark.co.uk) The farm is open 10.30-3.30pm on selected dates.

Bird world – [Home - Birdworld](#) Birdworld Holt Pound, Farnham, Surrey, GU10 4LD, UK, Open daily 10 – 5pm (last admission 1 hour before closing).

Theme Parks

Chessington World of Adventures - [Chessington World of Adventures Resort: UK Theme Park & Zoo](#)

Thorpe Park - <https://www.thorpepark.com>

Legoland - <https://www.legoland.co.uk/>

Outdoor Activities

Alice Holt: Bucks Horn Oak, Farnham. **Sat Nav Postcode:** GU10 4LS <https://www.forestryengland.uk/alice-holt-forest>
Alice Holt is the place for exciting outdoor activities in a beautiful woodland setting. 4 walking trails, 2 cycling trails, Gruffalo trail and play areas. Dogs welcome on leads and café open for take away food and drinks.



Box Hill (National Trust): a free to access National Trust site- **Address:** The Old Fort, Box Hill Road, Tadworth, Surrey, KT20 7LB. A variety of walks available, there is an accessible walk along the North Downs Way for pushchair and wheelchair users. Parking is chargeable, there are toilets and takeaway café facilities. See the website for more information: <https://www.nationaltrust.org.uk/box-hill>

RHS Wisley: RHS Garden Wisley, Woking, Surrey GU23 6QB. www.rhs.org.uk/ Tickets for Wisley need to be booked in advanced. Members will not need to pay but still need to book a ticket online. Very accessible to all. Please check the website for further details.

Watts Gallery - <https://www.wattsgallery.org.uk> See website for activities over the summer holidays.

National Trust: Parks and gardens all around Surrey, please check website for accessibility and to book tickets.

London Transport Museum - [Families with SEND | London Transport Museum \(ltmuseum.co.uk\)](http://Families with SEND | London Transport Museum (ltmuseum.co.uk))

For families in receipt of universal credits check attraction websites as some offer discounted or £1 tickets.

Check your local Family Centres to see what they are offering this Summer

- ✚ Epsom Downs Family Centre - [Epsom Downs Family Centre - YMCA East Surrey](#)
- ✚ Guildford Family Centre, <https://guildfordnsc.surrey.sch.uk>
- ✚ Reigate One Step at a time Welcare Family Centre, redhill@welcare.org
- ✚ Runnymede Family Centre, [What We Do at Runnymede : Surrey Barnardos Family Centres \(barnardosfamilycentressurrey.org.uk\)](http://What We Do at Runnymede : Surrey Barnardos Family Centres (barnardosfamilycentressurrey.org.uk))
- ✚ Stanwell Family Centre:- [Stanwell Family Centre](#) Sensory Room is open by appointment only Monday to Friday 10am-3pm Call 01784 241407 to book
- ✚ Surrey Heath Family Centre, <https://www.barnardos.org.uk>
- ✚ Tandridge Family Centre - Rainbow Group:-, tandridgefamilycentre@barnardos.org.uk
- ✚ Waverley Family Centre:- [Waverley Family Centres - 2 sites - Hale and Loseley | Barnardo's \(barnardos.org.uk\)](#)
- ✚ Woking family Centres: - [Woking Family Centre | Barnardo's \(barnardos.org.uk\)](#)



Indoor Activities

Horton Country Park, 14 Farmside Pl, Epsom KT19 8GW, free parking,

Chobham Adventure Park - <https://www.chobhamadventurefarm.co.uk>

Leatherhead Gym Sensory Room:- [Sensory Room Sessions Timetable \(leatherhead-gymnastics.org.uk\)](#)

SEN Play Park Sessions – Rainbow Centre Epsom – **Check website for times and prices.** - [Inclusive \(better.org.uk\)](http://Inclusive (better.org.uk))

Our under 3s area is perfect for parents and young children to play safely away from the big kids.



Wacky Kingdom, Redhill SEND Soft Play: - Our soft play area will be open for SEND and Autism children or those who believe their children are SEND. We will have an associate run the session with many activities in our sensory room. Siblings are more than welcome. If you have any queries, please contact us at 01737763522 - wackykingdom.com/redhill/activities

The lightbox Woking - [Workshops](#) | [The Lightbox](#)

Airhop Guildford - <https://www.airhop-guildford.com/trampoline-park/guildford>

Farnborough 360 - <https://360play.co.uk> › [360-play-farnborough](#)

Gravity Force - <https://www.gojumpin.com> › [adventure-park-Camberley](#)

BRAAIN – Be ready ADHD ASD Information Network- see timetable of events - [Latest Events](#) | [BRAAIN](#)

Library Events:- [Regular events and activities in Surrey Libraries - Surrey County Council \(surreycc.gov.uk\)](#)

Head2Head (0 to 19+ years) Head2Head Theatre provide activities for children and young people aged 0 to 19+ with a wide range of disabilities, and their families. This year they are offering a range of online sensory stories, some with Makaton signing. Website: [Children's theatre charity in Oxted, Surrey \(h2hsensorytheatre.com\)](http://h2hsensorytheatre.com)

Challengers: Family fun days at Guildford and Farnham. Check website for more details. <https://www.disability-challengers.org>



[Full list of Parks and playgrounds by borough](#)

Elmbridge: [Parks, play areas and green spaces directory | Elmbridge Borough Council](#)

Epsom & Ewell : [Our parks | Epsom and Ewell Borough Council \(epsom-ewell.gov.uk\)](#)

Guildford: [Parks - Guildford Borough Council](#)

Horley: [Parks and Recreation - Horley Town Council \(horleysurrey-tc.gov.uk\)](#)

Mole Valley: [Parks, Recreation and Play Facilities - Mole Valley District Council](#)

Reigate & Banstead: [Parks and countryside | Reigate and Banstead \(reigate-banstead.gov.uk\)](#)

Tandridge: [Parks, recreation grounds, open spaces - Tandridge District Council](#)

Waverley: [Waverley Borough Council - Parks and playgrounds in Waverley](#)

Woking: [Parks and countryside | Woking Borough Council](#)

Surrey Heath: [Parks and play areas | Surrey Heath Borough Council](#)



SURREY

Cinemas

Visit the Dimension cinema website where you can access up to date information on Autism friendly screenings. : <http://dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/>

Useful Websites:

Action for carer's monthly bulletin: www.actionforcarers.org.uk

Family Information Service Website: [Surrey County Council - Family information directory \(surreycc.gov.uk\)](http://surreycc.gov.uk)

Surrey Local Offer website: [Help and support | Surrey Local Offer](#)

Kids eat free: Check local cafes / restaurants as some offer kids eat free in the school holidays

[School Summer Holidays Kids Eat Free \(or for £1\) Deals courtesy of Money Saving Central - Carer Support Services Directory \(crossroadscaresurrey.org.uk\)](#)

Top Tips

School holidays can be tricky for some children and young people – especially if they like each day to follow a set pattern and benefit from a structured timetable. Having plans in place can help you and your children to feel more relaxed.

What are your coping strategies: just because it's a holiday doesn't mean that you have to change the way you manage stressful situations – if something works for you or your child/young person use it.

Prepare your child/young person: visual timetables, pictures, photographs, objects and social stories can all be useful tools to help prepare your child/young person.

Print off a week-to-view calendar: and add in pictures of your planned activities during the holidays (divide into morning, lunch, evening etc). This will help your child to know exactly what will be happening and when.

Roll with it: sometimes things won't go according to the plan – don't let this become a source of stress – have a back-up plan or work with what is happening rather than against it.

Timetables

Using a visual timetable at home may help your child/ren to follow the plan for the day and feel less worried about the changes. This could be done using a timetable of the whole day or by using a now / next board. There is more information on both of these ideas here: [Visual Timetables - ELSA Support \(elsa-support.co.uk\)](http://elsa-support.co.uk)

[Visual Timetables Resource.I CAN.FINAL .pdf \(councilfordisabledchildren.org.uk\)](http://councilfordisabledchildren.org.uk)

Tips from other parents

- Try not to plan too much – my daughter struggles if we are rushing around all week, we now plan a couple of outings and spend more time just chilling out at home.
- Don't be afraid to say no! I found myself agreeing to a meet up with lots of different friends without considering the impact on my daughter's wellbeing.
- Take time for yourself if you can. Even if it is just a soak in the bath, that time is so valuable.
- If you are taking out a fussy eater then take along your own food. One less thing to worry about!



SURREY